



## HOW TO CULTIVATE PERSEVERANCE IN YOUR LIFE

This exercise is meant to provide a bridge between your current or continuing behavior and the essential behavior for your success.

List five (5) things you need to cultivate perseverance in your life.

1. HAVE A WRITTEN CLEAR VISION
2. BE RESILIENT ALWAYS
3. BELIEVE SUCCESS IS A JOURNEY
4. EXPECT LIFE TO SHOW UP (BE PREPARED FOR ALL SITUATIONS)
5. NEVER GIVE UP

List 5 things you are going to change to intentionally cultivate perseverance in your life:

- 1.
- 2.
- 3.
- 4.
- 5.

Why do you think (or know) that you will be able to do what is required to cultivate perseverance in your life.

- 1.
- 2.
- 3.

[www.imageconsultingpinc.com](http://www.imageconsultingpinc.com) [www.facebook.com/remi.a.duyile](https://www.facebook.com/remi.a.duyile)



3311 TOLEDO TERRACE, SUITE B 203 | HYATTSVILLE, MD 20782  
WWW.IMAGECONSULTINGGROUPINC.COM | 240-604-1000